

# Lenovo ThinkPad

Why settle for less when you can experience the gold standard of productivity? The performance-focused Lenovo ThinkPad T14 i Gen 5 delivers a best-in-class UX plus next-level repairability. Powered by the Intel® Core™ Ultra processor featuring Intel vPro® to unlock new AI experiences and built-in Intel® Arc™ graphics to accelerate creativity, this Lenovo ThinkPad also boasts up to 64GB DDR5 memory and faster Wi-Fi for richer collaboration. And you'll be wowed by the 14" display with 85% screen-to-body ratio that's brighter than ever at 400nits—with lower power usage—thanks to 3M™ optical solutions.

Responsible engineering defines this on-the-move notebook, with a higher thermal design and rear fan, new accessibility features like tactile keyboard markers, and refreshing user serviceability. In fact, more Customer Replaceable Units (CRU) extend the device lifespan in support of a more circular economy, while a higher percentage of recycled material, lower energy consumption, and longer battery life attest to Lenovo's environmental diligence priority.

## Lenovo ThinkPad T14 i Gen 5



Unlock new AI experiences

Smarter  
technology  
for all

Lenovo

# Lenovo ThinkPad T14 / Gen 5



## PRODUCTIVE PERFORMANCE

Whether you're working, collaborating, or creating, the Intel® Core™ Ultra processor powering this Lenovo ThinkPad delivers a dedicated engine to help unlock AI possibilities, a next-level immersive graphics experience, and high-performance low-power processing. And integrated Intel® Arc™ graphics with AI acceleration take creativity to the next level. The 64GB-5600MHz Dual SODIMM DDR5 memory, up to 2TB PCIe SSD storage, and the 52.5Whr Customer Replaceable Unit (CRU) battery empower the everyday to be awesome. Plus, the 5MP RGB + IR and standalone 5MP camera, along with user-facing speakers, create a truly immersive audiovisual experience.



## ELEVATED USER EXPERIENCE

An industry first, this Lenovo ThinkPad has implemented 3M optical solutions, which elevate brightness by 33% to 400nits, while simultaneously lowering power consumption by 16% and improving battery life by 20% over the previous gen. Plus, the visual experience is further amped with a bold 85% screen-to-body ratio and premium OLED 120Hz panel addition. The improved thermal design takes the exhaust fan to the rear for a more comfortable user experience and increased device performance. Other UX improvements include the TrackPoint Quick Menu, keyboard swap of the function and control keys, and Wi-Fi 7 connectivity support (with Windows 11).



## REMARKABLE SERVICEABILITY

With extensive Customer Replaceable Units (CRUs) that are fast and easy to access, this Lenovo ThinkPad is engineered to endure. Users can do many replacements, repairs, and upgrades themselves, including the 52.5Whr battery. Along with the D cover serviceability, these features combine for an Industry-leading 9/10 iFixIt repairability score. Ultimately, this notable serviceability increases user uptime and enhances device lifecycle, contributing to the demands for a more circular economy.



## RESPONSIBLE, MODERN DESIGN

Setting the standard for broad accessibility, Lenovo is integrating unique features for the visually impaired, including tactile markers on the most common keys for easy finger placement and an LED bump to indicate side port location. Plus, light color changes allow for top view identification of power and charging status, while the communication bar bump-up enables easy opening. Built with more recycled material than ever, this thin and light corporate workhorse starts at just 2.86 lbs (1.30 kg) and is available in two upgraded colors—either rich Eclipse Black or sleek Luna Grey.



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## Accessories

### Lenovo Go USB-C Laptop Power Bank (20000 mAh)

A game-changing solution for remote workers who need access to a large reserve of power for their USB-C laptops and devices, this power bank delivers a whopping 20,000 mAh capacity to rapidly charge multiple devices, even while you're recharging the power bank.



PN: 40ALLG2WVW

### Lenovo Go Wireless ANC Headset

Designed to reduce ambient noise and maintain productivity while on the go, this Microsoft Teams-certified headset has USB-A Bluetooth receiver and cutting-edge noise cancellation technology.



PN: 4XDIC99221

### Lenovo ThinkPad Professional 14" Topload Gen 2

This versatile case ushers in a new era of style and sustainability, built to keep business essentials safe and organized. A true embodiment of environmental awareness, this case is equipped with multiple pockets and a smart cable slot, plus a luggage strap and padded shoulder strap.



PN: 4X41M69796

## Lenovo Sustainability Services

Partner with Lenovo to implement more sustainable, cost-efficient practices across the device lifecycle and make a meaningful difference in how you use technology.



### LENOVO TRUSCALE DEVICE AS A SERVICE (LENOVO TRUSCALE DAAS)

This subscription model is an efficient way to manage your fleet of end-user devices, optimizing resources and costs while promoting circularity. Deploy just what you need and responsibly dispose of what you don't. Supported by our suite of services, TruScale DaaS helps you prolong device usability and create a more sustainable end-to-end journey for your IT assets.



### LENOVO CO<sub>2</sub> OFFSET PROGRAM

While minimizing and eliminating emissions is always the goal, carbon offsetting your IT fleet is another way to help manage your overall carbon footprint. We make it easy with a seamless, transparent process for Lenovo devices across your current IT fleet or new purchases—with a sustainability dashboard to view the offset metrics. The offsets are contributed to climate action projects verified by independent third-party organizations like the United Nations, CDM, Gold Standard®, and Climate Action Reserve.



### LENOVO ASSET RECOVERY SERVICES

Hardware-agnostic Lenovo Asset Recovery Services (ARS) help mitigate end-of-life IT and data security risks. We reuse parts, refurbish devices, and recycle assets. Buy-backs help you fund future IT investments. And Lenovo PCs and infrastructure hardware can get a new lease on life through Lenovo Recertified Services.



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## Committed to sustainability

At Lenovo, we're focused on providing smarter technology that builds a brighter, more sustainable future for our customers, colleagues, communities, and the planet. We're determined to build a smarter future for all through the products and services we offer. And we partner with Intel, the industry leader in sustainable semiconductor manufacturing.

As we continue innovating to provide technology solutions that are more energy efficient and human centered like the Lenovo ThinkPad T14 / Gen 5, we stay focused on empowering you to meet your own sustainability goals—and solve humanity's greatest challenges.



**REDUCING GREENHOUSE GAS EMISSIONS**



**PACKAGING SUSTAINABILITY**



**SUSTAINABLE PRODUCT DESIGN**



**SUPPLY CHAIN SUSTAINABILITY**



Responsible design	Lenovo ThinkPad T14 / Gen 5
A Cover	Eclipse Black: 30% recycled carbon fiber Luna Grey: 50% recycled aluminum
B Sheet	48% PCC recycled plastic
D Cover	30% PCC recycled plastic with WLAN 45% PCC recycled plastic with WWAN
Speaker Enclosure	90% PCC recycled plastic
Battery	90% PCC recycled plastic
Keycaps	85% PCC recycled plastic for backlit 70% PCC recycled plastic for non-backlit
65W standard AC Adaptor	90% PCC recycled plastic
65W Slim AC Adaptor	90% PCC recycled plastic
Packaging	Single standard plastic-free recyclable packaging
<b>TOTAL PCC</b>	<b>20.35-24.60%</b>



### certifications & registries

ENERGY STAR® 8.0 certified

EPEAT® Gold registered in U.S., Canada, and Germany

TCO 9.0 Certified

CO<sub>2</sub> Offset

Eyesafe® certification

### industry scores

PCF (Product Carbon Footprint)

**219kg** of CO<sub>2</sub>e

TEC (typical)

**21.42k Wh**

iFixIt Repairability Score

**9/10**

**Lenovo**

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## performance

### PROCESSOR

Up to Intel® Core™ Ultra 7 processor (H/U series) featuring intel vPro®

### OPERATING SYSTEM

Windows 11 Pro  
Linux

### GRAPHICS

Integrated Intel® Arc (on H-series)  
Intel® integrated

### CAMERA

5MP USB, 5MP + IR USB with webcam privacy shutter

### MEMORY

Up to 64GB DDR5 5600Mhz dual SODIMM

### STORAGE

up to 2TB PCIe Gen4x4 SSD (2280)

### BATTERY

39.3Whr (97% PCC)  
52.5Whr (90% PCC) (CRU)

### AC ADAPTOR

Up to USB-C 65W (supports RapidCharge)

### AUDIO

User-facing Dolby® Audio  
Dolby® Voice  
2x speakers (90% PCC)  
2x mics

## software

### LENOVO VALUE-ADD PRELOADED APPS

Lenovo Commercial Vantage  
Lenovo View  
Intel® Unison™  
TrackPoint Quick Menu

## security

Intel vPro® security  
Lenovo ThinkShield  
Power-on or MoC Touch Fingerprint Reader on keyboard  
IR camera option with Windows Hello facial recognition  
dTPM 2.0 chip  
Webcam privacy shutter  
Nano Kensington™ lock slot

## connectivity

### INPUT/OUTPUT PORTS

2x USB-C Thunderbolt™ 4  
2x USB-A 5Gbps  
1x HDMI 2.1  
1x RJ45  
1x Audio (Headphone and Microphone Combo Jack)  
1x Nano SIM

### WIRELESS

Intel® Wi-Fi 7  
Intel® Wi-Fi 6E  
5G sub-6 eSIM  
4G LTE (CAT6 eSIM)  
Bluetooth® 5.1 (Windows 10) or Bluetooth® 5.3 (Windows 11)

### NFC

Yes (Eclipse Black only)

### DOCKING

Thunderbolt Dock  
USB-C Dock

## design

### DISPLAY

14" WUXGA (1920x1200) IPS AG (400nit, 45% NTSC, 3M optical solutions)  
14" WUXGA (1920x1200) IPS OCT touch AG (400nit, 45% NTSC, 3M optical solutions, Eyesafe)  
14" 2.2K (2240x1400) IPS AG (300nit, 100% sRGB, TUV LBL)  
14" WUXGA (1920x1200) IPS LP AG (400nit, 100% sRGB, Eyesafe)  
14" 2.8K (2880x1800) OLED AGAR (400nit, 120Hz, 100% DCI-P3, Dolby Vision, Eyesafe, HDR True Black 500)  
14" WUXGA (1920x1200) IPS AG Privacy Guard OCT touch (500nit, 100% sRGB)

### DIMENSIONS (W X D X H)

315.9 x 223.7 x 17.7 mm / 12.44 x 8.81 x 0.70 inches

### WEIGHT

Starting at 2.96 lbs / 1.31 kg

### MIL-STD-810H

Yes

### KEYBOARD

ThinkPad TrackPoint Keyboard  
(1.5mm travel)

### COLORS

Eclipse Black  
Luna Grey



Unlock new  
AI experiences

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